

DEREK
DEPREY

Derek Deprey Speaker Introduction

Derek's passion in life is to evoke excellence in every person at every level. After a career of working in basketball operations at the collegiate and professional levels, he empowers others both as the director of people & service at a fitness club and as a leadership professor at a university. Derek founded Move Results to impact the lives of individuals, organizations, and communities. Today, he loves to inspire and influence others as a speaker and writer. He is the author of SHIFT: Move from Frustrated to Fulfilled. When Derek isn't speaking, he's carting his two daughters all over Milwaukee like an Uber driver. Please join me in welcoming speaker, author, and coffee snob... Derek Deprey.

