

STAGE INTRODUCTION

When introducing Derek, please follow the script below:

Derek's passion in life is to help you become the leader you'd want to follow.

After 7 years in basketball operations at the NCAA Division 1 & NBA levels, 13 years in the fitness industry, and 3 years in the automotive industry, he transforms managers into leaders through two distinct ventures: Living as a Leader and Fit to Lead.

Derek is the author of 2 books, *SHIFT: Move from Frustrated to Fulfilled* & *Everyday Leaders: Small Actions, Big Results*.

When Derek isn't geeking out on leadership, he's working out, coaching youth basketball, or carting his daughters all over like an Uber driver.

Please join me in welcoming speaker, author, and coffee snob... Derek Deprey.