



DEREK DEPREY

SPEAKER | AUTHOR | CONSULTANT

create energized and effective **Cultures**

Like these organizations did!



“The way Derek personalizes his presentation to the people in the room I have only seen paralleled by Stephen M. R. Covey.”

- Dan Burnett, Author and Learning Consultant

LEADERSHIP EXPERT

Derek's passion in life is to evoke excellence in every person at every level. After a career of working in basketball operations at the collegiate and professional levels, he empowers others both as the director of people at a fitness club and as a leadership professor at a university. Derek founded Move Results to impact the lives of individuals, organizations, and communities. Today, he loves to inspire and influence others as a speaker and writer. He is the author of *SHIFT: Move from Frustrated to Fulfilled* and soon to be author of *Rise Above Robo-Bosses: How to Thrive as a Leader in the Digital Era*. Derek lives in Milwaukee, WI, with his wife and two daughters.

He brings his expertise on organizational culture, employee engagement, and leadership development to thousands of people each year. Whether you're rolling out a new initiative or seeking a thought-provoking, energizing, and engaging keynote speech or workshop, Derek can help. His live events are always customized and personalized to specifically address your challenges and opportunities. Delivery can be tailored from entry-level to C-level audiences. Derek is committed to bringing energy and delivering actionable content. Every one of his audiences laugh and learn at the same time.

“Best speaker yet!”

- Meeting Professionals International

DEREK'S MOVE YOURSELF, MOVE OTHERS KEYNOTES & WORKSHOPS

Derek speaks on an array of motivational and inspirational topics that all lead to one common goal... Creating Energized and Effective Cultures!

His philosophy is simple: Intentional Self-Leadership + Inspirational Team Leadership = Invigorating Culture

It takes movement of self and others to create an invigorating culture. Each and every one of us must manually shift through the following five speeds in work and life to create an energized and effective organization. Moves 1 and 2 are about self-leadership... moving YOURSELF. Move 3 consists of a self-leadership and team leadership blend. Moves 4 and 5 are about team leadership... moving OTHERS.



MOVE TO GROW BEST SELLING TOPICS

SHIFT: Move from Frustrated to Fulfilled... You'll learn how to lead yourself at the highest level

How to Do the Most Important Things When You're Already Busy... You'll learn how to focus on the big priorities



MOVE TO LIVE WELL BEST SELLING TOPICS

Work & Life Happen: Building an Aligned Life of Personal & Professional Success... You'll learn how to integrate your personal and work values

Live Well, Lead Well: 5 Practices to Feel Better in Work and Life... You'll learn how to work hard AND stay healthy



MOVE TO CONNECT BEST SELLING TOPICS

Everyone Communicates, Few Connect: What the Most Effective People Do Differently... You'll build bridges to others

Giving Frequent, Helpful Feedback with a Confidence-Boosting Tool... You'll be prepared for difficult conversations



MOVE TO DEVELOP OTHERS BEST SELLING TOPICS

Developing the Leaders Around You: How to Help Others Reach their Full Potential... You'll learn 10 ways to influence others

Leading Development Discussions, Not Performance Reviews... You'll learn to separate development and performance



MOVE TO BECOME A TEAM BEST SELLING TOPICS

The Miracle of Teamwork: Together We Can Do the Impossible... You'll learn the process of building a winning team

Driving Accountability for Results with a Game-Changing Model... You'll learn how to hold employees accountable

"If Derek was the last speaker I ever heard, I would be fulfilled. He was electrifying."

- Diana Kuemmerlein, HR Manager at PFlow Industries

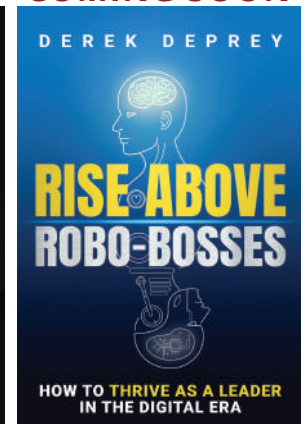
DEREK'S BOOK

SHIFT: MOVE FROM FRUSTRATED TO FULFILLED

Every day, we move in one direction or another. We're free to choose from endless possibilities. Only you can choose the direction for the rest of your life. Whether you are a seasoned executive, emerging leader, stay-at-home parent, or college student, frustration is inevitable. Now is the time for you to *SHIFT* from, "I'm so busy and stressed," to, "I'm living my ideal life right now."



COMING SOON



"Just like our business at Northwestern Mutual is about helping people build brighter futures, Derek's goal in *SHIFT* is to help you make every decision with an eye toward your vision."

- John Schlifske, CEO at Northwestern Mutual.